



Management Plan for Students with Food Allergies

In order to provide a safe environment for students with food allergies at risk for anaphylaxis, school personnel will work closely with parents and students to minimize risks and provide a safe educational environment.

Family's Responsibility

- Notify the school nurse in writing of the child's allergies before or on the first day of school.
- Provide the school nurse with a Food Allergy Action Plan (FAAP). All plans must be signed by a medical doctor with a license to practice in Texas.
- Provide written medical documentation, instructions, and properly labeled medications to be given as directed by the physician. When notified of expired medication, replace medication promptly.
- Educate the child in self-management of their food allergy, including:
 - Safe and unsafe foods.
 - Strategies for avoiding exposure to unsafe foods.
 - Symptoms of allergic reactions.
 - How and when to tell an adult they may be having an allergy-related problem.
 - How to read food labels (age appropriate).
 - If age appropriate, the importance of carrying and administering their personal anaphylaxis medications as prescribed.
- Parents/Guardians will work with school team to decide appropriate strategies for managing the food allergy during field trips.
- Notify appropriate staff of the student's allergy when the student will be participating in extracurricular activities.
- Review policies/procedures with the school staff, the child's physician, and the child (if age appropriate) after a reaction has occurred.
- **Provide emergency contact information and update as needed.

Student's Responsibility

- Shall not trade food with others.
- Shall not eat anything with unknown ingredients or known to contain any allergen.
- Be proactive in the care and management of their food allergies and reactions based upon their developmental level.
- Notify an adult immediately if the student has eaten something they believe may contain the food to which they are allergic.
- Know location of emergency medication and/or carry medication at all times (if Permission to Carry Medication Form is on file). Make teachers and nurse aware of location of medication if student self carries it at school.
- Notify staff of bullying, threats or harassment.

Signature of parent _____ Date _____

Signature of student _____ Date _____

School's Responsibility

- Be knowledgeable about and follow applicable federal laws, including ADA, IDEA, Section 504, and FERPA, and any state laws or district policies that apply.
- Review the health records submitted by parents and physicians.
- Ensure that appropriate documents are correctly signed by parent and physician.
- Emergency medications will be kept in the nurse's office OR students will be allowed to carry their own epinephrine if Permission to Carry Medication Form is on file. If medicine is stored in nurse's office be sure medications are appropriately stored in unlocked and easily accessible location.
- Students will not be excluded from school activities solely based on the food allergy.
- Identify a core team of school personnel to work with parents and the student (age appropriate) to establish a prevention plan. Make copy of FAAP to give to the student's teachers and assistant principal. Place FAAP in substitute teacher/nurse folders.
- Provide Food Allergy and Anaphylaxis training to all BISD staff annually.
- Notify student's teachers, Assistant Principal and Counselor of the food allergy.
- Review policies/FAAP with core team members, parents/guardians, student (age appropriate), and physician after a reaction occurs.
- Encourage a "no eating" policy on school buses.
- Provide a nut/allergen free table in the cafeteria on campuses where needed.

Nurse Signature _____ Date Received _____

